



## NECESSITY OF OUTPATIENT CARD IN CHINESE MEDICINE TREATMENT

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### ABSTRACT

The alternative medicine is an addition of official medicine. We offer our new outpatient card for Chinese medical centers. Alternative outpatient card consists of several parts: title and disease historical part, a table for pulse diagnosis, a scheme for language diagnosis, a scheme for aurikulodiagnostika, a scheme for diagnosis of the steps.

The outpatient card allows: deposition of a large number of medical procedures on one page, using easy to adopt the human body which are applied on medical prescriptions; possible therapeutic application of 2 recipes of a different color on a separate circuit or the same color on two separate circuits, possibility to cause a minimum of 10 alternating healing recipes on each card.

**Key words:** Chinese medicine, outpatient card, auricular therapy, herbal therapy

### INTRODUCTION

Alternative medicine is not a competitor of official medicine but its sequel, which enhances and complements the effects of treatment based on alternative methods (1, 2). These empirical methods are developed and refined over thousands of years (3). During this time they have proven its vitality and effectiveness (4). Simple alternative methods using simple natural healing factors - sun, water, herbs, minerals (5, 6).

Chinese medicine as an alternative healing practice based on the preventive effect and therapeutic effect set of physical and BAT energy channels (acupuncture), the healing power of medicinal herbs (herbal therapy) incentive effect of Chinese medical massage, warming up vacuum (cupping therapy), warm feet, patches and more (6, 7).

### THE POINT OF THE PROBLEM

Ancient Chinese healers have not used in modern ambulatory sheet sense, but they have made by different symbols history of the

disease, the current condition of the patient treatment plan and treatment undertaken.

In Chinese museums are stored human statues, metal coated with a thin layer of wax on which they practiced the ancient Chinese healers. Through these statues have documented the size and location of biologichnoaktivnitge points and direction of energy flows in biologichnoenergiynite channels (3).

In today's offices in alternative medicine (8), applied Eastern (Chinese, Indian, etc..) Medical Practices is pressing need for the creation and use of graphical text ambulatory-sheet by which to document disease and to outline a plan for its treatment.

This outpatient card was developed ambulatory at the Center for Eastern Medicine ViaVite - Stara Zagora.

### DESCRIPTION OF ALTERNATIVE AMBULATORY SHEET

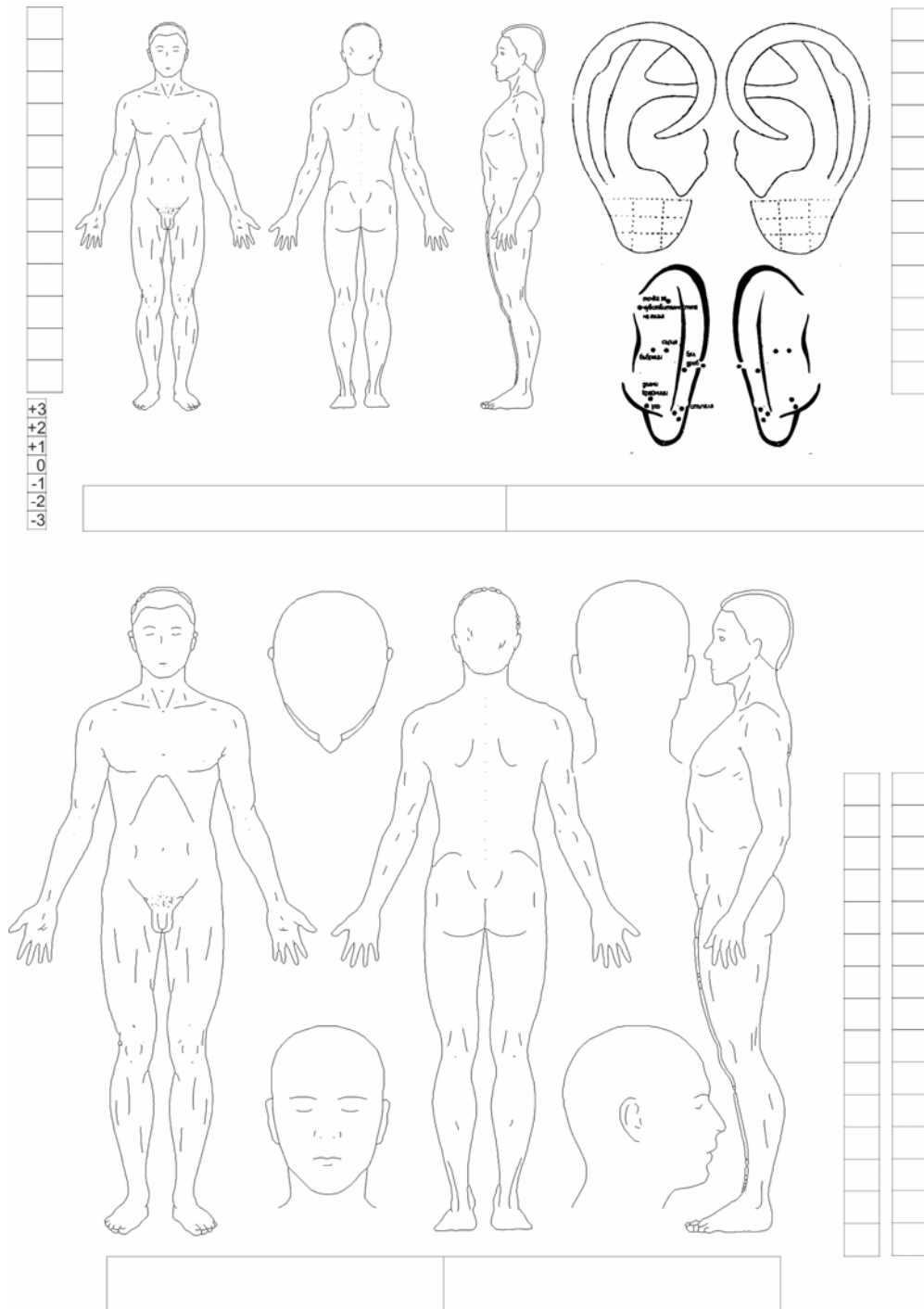
Alternative outpatient card consists of several parts (**Fig. 1, Fig. 2**). The volume is two pages (one sheet) for good compactness and readability of the text.

The document allows the recording of the patient following data in tables and graphs:

- Name and telephone number, e-mail address;

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**Figure 2.** Outpatient card – part II

срп 2-2

**DISCUSSION**

Alternative outpatient card which we have developed allows for recording unless the medical prescriptions and the opportunity to record a diagnosis of the patient, accounting for a large number dating to the patient, recording 10 different procedures and accompanying drug and herbal therapy. All this in a minimum volume of outpatient card, most picturesque and easy to remember and

visual orientation. This allows quick and easy summary information of the treating or his deputy physician or colleague.

One of the new things that are included in the new ambulatory sheet separation is necessary in place of cardboard for Today's western diagnostic tests and pharmacotherapy which is currently treated or untreated patients.

Other new form of cards is the presence of two schemes of the entire human body, allowing

the information did not accumulate fat in one and not be burdened with many characters scheme. Additional second circuit of the human body enables a review to be submitted by any complementary treatment method - cupping therapy, moksotherapy, Chinese massage or special equipment. Additional second scheme also gives the opportunity to request a separate recording and presentation of two alternating patients.

On recipes for each scheme is able to display the items on the medical prescription of selected international nomenclature.

Currently we work on inclusion of iris-diagnostics in outpatient card and improvement of cardboard establishing a program for data intromission in a computer.

### CONCLUSIONS

1. The use of ambulatory sheet facilitates diagnosis and treatment of diseases in offices in China and other eastern medicine.
2. Ambulatory sheet gives a visual picture of the state of the human body at any time of the healing process and speed compared to the original condition before treatment.
3. Implementation of outpatient sheet facilitates the work in the offices of alternative medicine and improve the quality of diagnostic and therapeutic process in them.

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