



## DIROFILARIA IMMITIS INFECTION IN CARNIVORES FROM BULGARIA: 2012–2013 UPDATE

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### Summary

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Helminthological necropsies of 489 carnivores (325 golden jackals, 115 red foxes, 4 martens, 3 wolves, 27 domestic dogs and 15 cats) from Bulgaria were carried out in 2012–2013 aiming to establish infection with *Dirofilaria immitis* (Nematoda: Onchocercidae). The infection was found in the golden jackals, red foxes and domestic dogs. Adult worms were located in the heart (55.24%) or both in the heart and pulmonary arteries of the hosts (27.97%). Often in the place of localisation of the helminths macroscopic lesions as obturation of pulmonary arteries, thickness and granulation of the inner surface of pulmonary arteries, damaged atrioventricular valves were observed. The prevalence of infection was 37.54%, 25.22% and 33.33% in the golden jackals, red foxes and domestic dogs respectively. The infection intensity in the jackals varied between 1 and 19 specimens per animal (mean 4.1), in the foxes it was between 1 and 15 specimens (mean 4.79) and in the dogs – between 1 and 34 specimens (mean 14.43). Comparison of our data with those from literature showed a trend towards increased spread of infection in Bulgaria and South Europe in recent years. Morphometric description of *D. immitis* in materials from golden jackals, red foxes and domestic dogs was performed too. This is the first report in materials from golden jackals and red foxes.

**Key words:** Bulgaria, *Dirofilaria immitis*, domestic dogs, golden jackals, morphometric description, prevalence, red foxes

### INTRODUCTION

*Dirofilaria immitis* (Nematoda: Onchocercidae) is a parasitic worm with an indirect life cycle. Its final hosts are mammals, different species of the orders Monotremata, Pilosa, Rodentia, Artiodactyla, Carnivora, Pinnipedia, Primates, and intermediate hosts – invertebrates, usually various species of mosquitoes. The species is

spread all over the continents except the Antarctic and is of zoonotic importance. The parasite occurs in the lung arteries and heart and causes the so-called heart-worm disease in dogs and cats.

*Dirofilaria* infections may develop into serious diseases. This fact puts dirofilariasis among the relevant parasitic

zoonoses. The wide spreading of dirofilariidae and their importance for health explains the increasing interest in their study throughout the world (Marks & Bloomfield, 1998; Schwan & Durand, 2002; Simón *et al.*, 2005; Lee *et al.*, 2007; Genchi *et al.*, 2011; Brown *et al.*, 2012; Morchón *et al.*, 2012).

In Bulgaria, investigations for natural infection of dogs, some wild animals and humans with dirofilariids have been conducted by our research team (Mirchev & Trifonova, 2012a,b; Mirchev *et al.*, 2013; Panayotova-Pencheva *et al.*, 2013; 2014) as well as other authors (Kanev *et al.*, 1996; Georgieva *et al.*, 2001; Kirkova *et al.*, 2008; Kostadinov, 2013; Radev *et al.*, 2015). The results show that the spread of dirofilariidae in Bulgaria increased gradually during the years. This unfavourable trend gave us reason to perform the present study. Our goal was to update the epidemiological data regarding *D. immitis* infection in animals. On the other hand there are no morphometric data about the etiological agent of the disease in materials from golden jackals and red foxes. Bearing in mind the latter we have described the morphometric characteristics of *D. immitis* in specimens from aforementioned species as well as from domestic dogs and compared them.

## MATERIALS AND METHODS

During the period 2012–2013 helminthological necropsies of hearts and lungs of 489 carnivores were performed, 325 of them were from golden jackals (*Canis aureus* L.), 115 from red foxes (*Vulpes vulpes* L.), 27 from domestic dogs (*Canis familiaris* L.) – most of them were stray dogs, 15 from stray cats (*Felis silvestris catus* L.), 4 from martens (*Martes foina* L.) and 3 from wolves (*Canis lupus* L.).

The wild animals were hunted according to the Law of hunting and preserve of the game. The dogs and cats were found dead or given dead by their owners. The animals originated from 19 regions of the country – Burgas, Dobrich, Gabrovo, Haskovo, Kyustendil, Montana, Pazardzhik, Pernik, Pleven, Plovdiv, Silistra, Sliven, Smolyan, Sofia city, Sofia district, Stara Zagora, Shumen, Vratsa and Yambol.

The identification of the established helminths was carried out on the basis of their morphological characteristics (Sonin, 1975). Morphometric data of *D. immitis* were obtained on the basis of specimens isolated from the pulmonary arteries from three animals: an adult male golden jackal and a stray dog originating from the region of Pazardzhik and an adult female red fox from the region of Plovdiv. Morphological structures of the adult helminths were measured using the classic methods of parasitology. Larvae were obtained directly from the uterus of the parasites. Their length and width were evaluated by the image analysing computer programme Image-Pro Plus-Version 6 as described by Panayotova-Pencheva & Alexandrov (2008). Pictures were taken using a light microscope “Leica DM5000 B”, supplied with a camera and software (Leica Application Suite LAS v. 3.1). The adult specimens were deposited in the collection of the Institute of Experimental Morphology, Pathology and Anthropology with Museum, Bulgarian Academy of Sciences, Sofia, Bulgaria.

## RESULTS

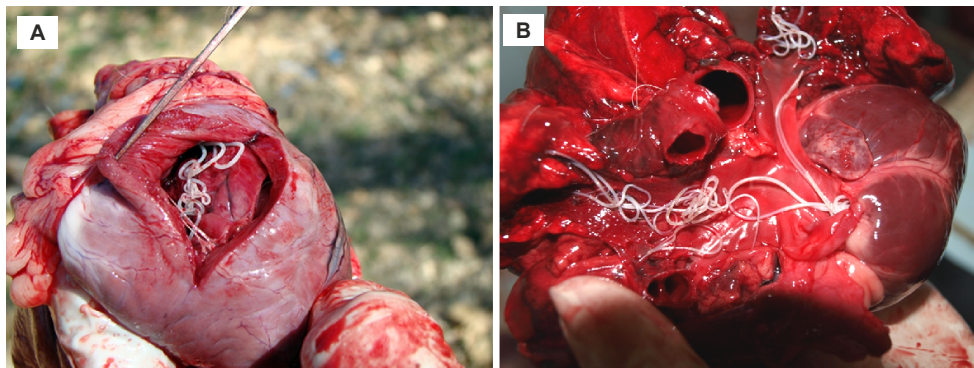
### *Epidemiological and pathological data*

During the necropsies we found adult *D. immitis* in 160 of the animals i.e. the overall prevalence was 32.72%. In the jackals the prevalence was 37.54%, in the

**Table 1.** Prevalence of *Dirofilaria immitis* in carnivores from Bulgaria

Region	Golden jackals			Red foxes			Domestic dogs		
	N	N+	Pr	N	N+	Pr	N	N+	Pr
Burgas	79	23	29.11	15	4	26.67	8	4	50
Vratsa	6	0	0	8	0	0	–	–	–
Gabrovo	7	0	0	3	0	0	3	0	0
Dobrich	5	0	0	1	0	0	1	0	0
Kyustendil	1	0	0	1	0	0	–	–	–
Montana	2	0	0	4	0	0	–	–	–
Pazardzhik	63	37	58.73	18	8	44.44	5	3	60
Pernik	1	0	0	–	–	–	–	–	–
Pleven	18	5	27.78	11	0	0	3	0	0
Plovdiv	79	38	48.10	22	9	40.91	–	–	–
Silistra	18	8	44.44	5	2	40	1	1	100
Sliven	11	2	18.18	9	3	33.33	3	0	0
Smolyan	–	–	–	2	0	0	–	–	–
Sofia city	1	0	0	–	–	–	2	1	50
Sofia region	7	0	0	5	0	0	1	0	0
Stara Zagora	5	3	60	8	2	25	–	–	–
Haskovo	4	4	100	1	1	100	–	–	–
Shumen	4	0	0	–	–	–	–	–	–
Yambol	14	2	14.29	2	0	0	–	–	–
Total	325	122	37.54	115	29	25.22	27	9	33.33

N: number of necropsied animals; N+: number of animals infected with *D. immitis*; Pr: prevalence.



**Fig. 1.** Localisation of *Dirofilaria immitis*. **A.** In the right heart ventricle of a golden jackal. **B.** In the pulmonary arteries of a red fox.

foxes 25.22% and in the dogs – 33.33%. The infection intensity in the jackals varied between 1 and 19 specimens in

animal (4.1 mean), in the foxes it was between 1 and 15 specimens (4.79 mean) and in the dogs – between 1 and 34 speci-

mens (14.43 mean). The cats, martens, and wolves were uninfected with dirofilariids. More detailed results about the spread of the parasite are shown in Table 1.

Most of the infected wild animals were over one year old. The age of the infected

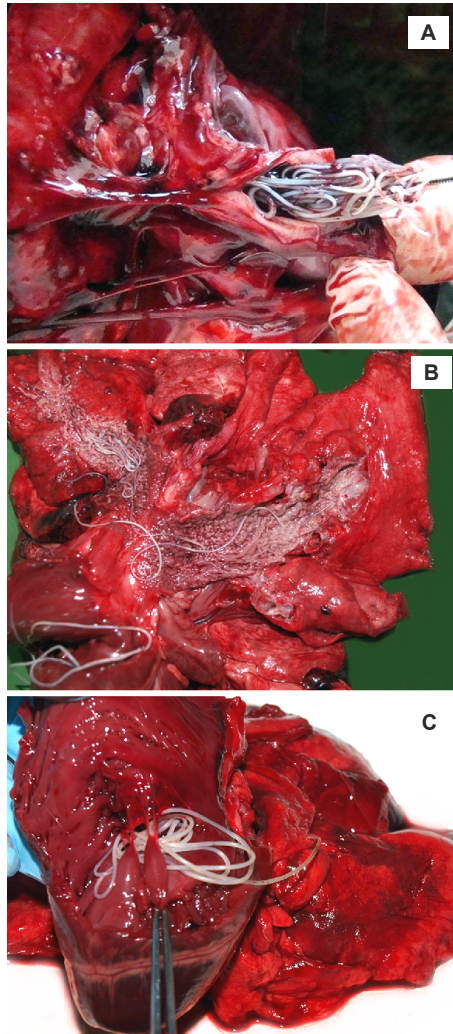
dogs varied between 6 and 10 years, 3 of them were stray dogs and the remaining 6 – domestic (dogs living in the yard or hunting dogs).

The worms were localised mainly in the heart (55.24%) of the hosts (Fig. 1A). In 27.97% of the cases they were found both in the heart and pulmonary arteries (Fig. 1B). Often in the loci with adult helminths, macroscopic lesions as obturation of pulmonary arteries, thickness and granulation of the inner surface of pulmonary arteries, affected atrioventricular valves were observed (Fig. 2).

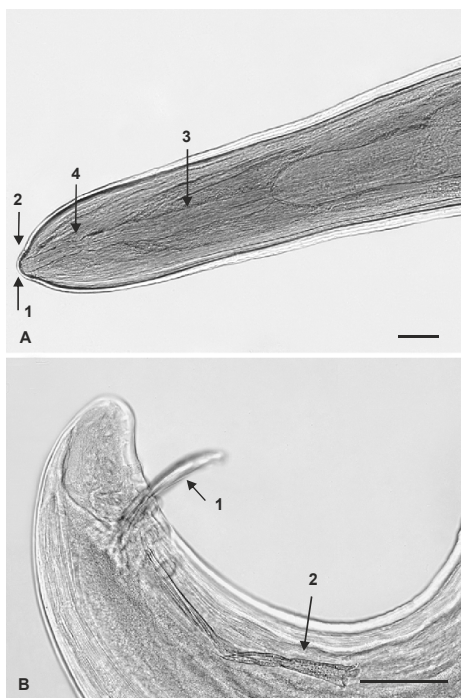
#### Morphometric data

Adult *D. immitis* were large, elongated, whitish worms with a body length between 14 and 17 cm for the males and 19 and 29 cm for the females. The posterior end of the females was upright and that of males – spirally-curved. The oral opening was terminally located and surrounded by some pairs of cephalic papillae (Fig. 3A). The oesophagus was tube-like with a gradual extension of its shape from the anterior to the posterior end, the nerve ring was situated around its anterior part (Fig. 3A). The spicules (Fig. 3B) were of different size, the one being nearly twice longer than the other. The spicule stems were duct-like of a spongiform structure. Their proximal ends were broadened and distally the spicule stems were gradually getting narrower.

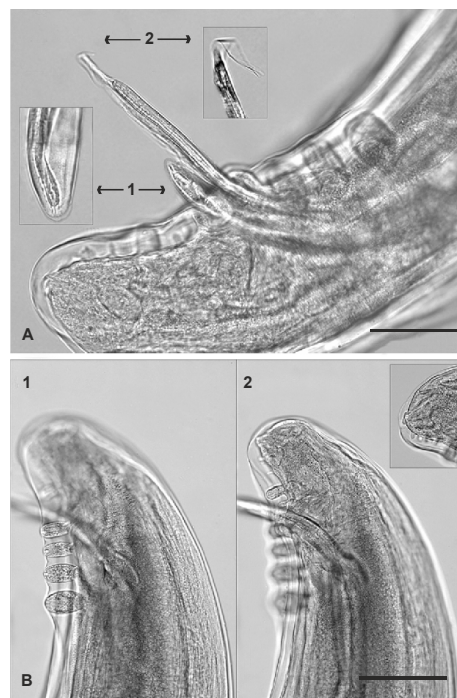
The distal ends of the spicules were also different (Fig. 4A). The final parts of the spicule stems turned into sharp growths which were rather marked in the large spicule. Furthermore, small spicule wings were observed in the distal end of the spicules differing in shape. The small spicule wing was oval and this of the large spicula was sharpened (Fig. 4A). Four pairs of large pre-cloacal papillae were



**Fig. 2.** Common macroscopic lesions by adult *Dirofilaria immitis*: **A.** Pulmonary artery obturation in a golden jackal. **B.** Granular appearance of the inner surface of pulmonary arteries in a red fox. **C.** Affected right atrioventricular valve in a golden jackal.



**Fig. 3.** Adult male *Dirofilaria immitis* found in a golden jackal from Bulgaria: **A.** Anterior end of the body – oral opening (1), cephalic papillae (2), oesophagus (3), nerve ring (4); bar=200  $\mu$ m. **B.** Spicules – small spicule (1), large spicule (2); bar=100  $\mu$ m.



**Fig. 4.** Adult male *Dirofilaria immitis* found in a golden jackal from Bulgaria: **A.** Distal parts of the small (1) and large (2) spicules; bar=50  $\mu$ m. **B.** Cloacal papillae – pre-cloacal papillae (1) and post-cloacal papillae (2); bar=100  $\mu$ m.

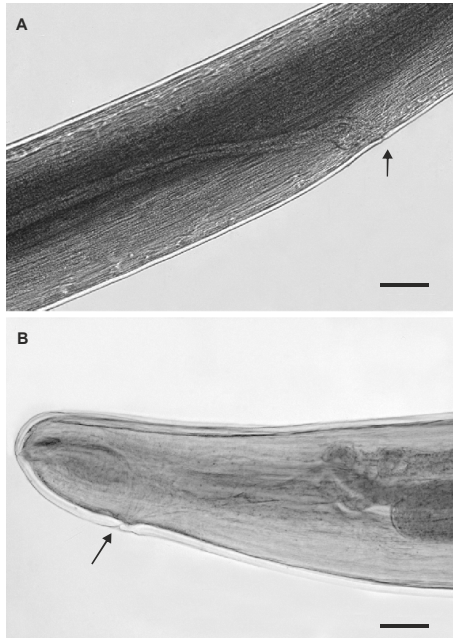
observed (Fig. 4B). Post-cloacal papillae were of different size: one pair of middle size, one large pair and several pairs of small papillae (Fig. 4B). The number of the small ones varied between 4 and 10.

The vulva was opened in the anterior end of the body without any cuticular formations around it (Fig. 5A). The anus was near the tail tip also without cuticular formations around (Fig. 5B). The larvae were with an oval anterior end and a sharpened posterior one without specific cuticular formations.

The metric data of parasite species in materials from the different hosts are presented in Table 2.

## DISCUSSION

During the survey for natural infections of dogs, some wild animals and humans with dirofilariids in Bulgaria, Kanev *et al.* (1996) have found adult *D. immitis* in 2.4% of the dogs. *Dirofilaria* infection has not been registered in the wild Canidae and Mustelidae. Later studies, however, showed that dirofilariasis was a common nematodosis in both dogs and wild canids. Georgieva *et al.* (2001) detected microfilariae of *D. immitis* in 7.4% of the investigated dogs. The authors found adult worms at necropsies in 12.5% of the stray dogs, in 5.1% of the foxes, in 4.4% of the jackals and in 5.5% of the wolves. Kirkova



**Fig. 5.** Adult female specimen of *Dirofilaria immitis* found in a golden jackal from Bulgaria: **A.** Vulva (bar=200  $\mu$ m). **B.** Anus (bar=100  $\mu$ m).

*et al.* (2008) demonstrated microfilariae in 10.17% of the investigated dogs and adult *D. immitis* in 8.9% of the jackals and in 3% of the foxes. Studies by Kostadinov (2013) in stray dogs proved still higher spread of *D. immitis* – 12.5%. Adding our results in this line of investigations (prevalence of 37.54%, 25.22% and 33.33% in golden jackals, red foxes and dogs respectively) it is realised that the spread of *D. immitis* among canids in Bulgaria increased gradually over the last 20 years. Moreover, our data reveal prevalence of infection which was several times higher compared to those of the previous Bulgarian studies.

The comparison of our results with those of the foreign literature shows that *D. immitis* among the canids in the country was more widespread than in

Romania, where the prevalence of infection in domestic dogs was between 2.17 and 3.3% (Ciocan *et al.*, 2010; Mircean *et al.*, 2012). These data are logical in view of the fact that Romania is located to the north of Bulgaria and there the conditions for the development of intermediate hosts of dirofilariids are less favourable. However, the prevalence of infection established by us was also higher to that reported for other countries of the Balkan Peninsula. For instance, the prevalence of *D. immitis* among domestic dogs in Greece was 10% (Papazahariadou *et al.*, 1994), in Albania – 13.5% (Rapti & Rehbein, 2010), in Serbia – between 7.2% and 17.2% (Tasić *et al.*, 2008; 2012), in Turkey – 26% (Yaman *et al.*, 2009). The prevalence of infection, established by us in foxes was even higher than that reported years ago in other Southern European countries – 11% in Spain (Gortazar *et al.*, 1994) and 6.2% in Italy (Magi *et al.*, 2009). These data give us grounds to assume a general trend towards increase of the spread of the infection in Southern Europe in the recent years.

The analysis of our data shows that dirofilariasis was widely distributed mainly in southern and lowland parts of Bulgaria. In the present study high parameters of infection were established in the Upper Thracian Plain. The fact that there were places in the Danubian Plain where canids were affected at a significant extent by the infection should not be overlooked. Such areas were most often situated near wet places, favourable for the reproduction of the intermediate hosts. We consider that recent changes in the land use and agricultural practices in Bulgaria are also causes for the wider distribution of dirofilariasis. The recommencement of the rice cultivation during the last 4–5 years in the southern parts of the country, the

**Table 2.** Metric data on *Dirofilaria immitis* in materials from different species of carnivores

Structure	2012–2013 data from Bulgaria						Data from other authors		
	Golden Jackal ( <i>Canis aureus</i> L.)		Red Fox ( <i>Vulpes vulpes</i> L.)		Domestic Dog ( <i>Canis familiaris</i> L.)		Sonin (1975) (Domestic Dog)	Sonin (1975) (American coati)	Furtado <i>et al.</i> , (2010) (Domestic Dog)
	Mean±SD (Min–Max)	Mean±SD (Min–Max)	Mean±SD (Min–Max)	Mean±SD (Min–Max)	Mean±SD (Min–Max)	Mean±SD (Min–Max)			
Male									
BL, cm	15.3±0.9 (14–16.5)	15±0.4 (14.5–15.5)	16.7±0.3 (16.5–17)	12–18	10–11	11.9–16.2			
BWe, µm	529±69.9 (400–620)	506±24.1 (480–540)	528±58.5 (440–560)	877	–	–			
BWk, µm	122±13.9 (110–140)	141±7.4 (130–150)	135±5.8 (130–140)	192	–	–			
EL, µm	1266±59.2 (1200–1400)	1265±44.3 (1200–1300)	1328±18.9 (1300–1340)	1462	–	1080–1460			
MEW, µm	128±12.0 (110–140)	88±4.5 (80–90)	97.5±15.0 (80–110)	124	–	90–130			
NR-AE, µm	374±38.4 (300–420)	390±18.3 (370–410)	362.5±25.0 (350–400)	300–400	–	306–378			
K-PE, µm	110±11.2 (90–120)	123±8.4 (110–130)	105±5.8 (100–110)	136	–	–			
LSL, µm	311±28.5 (280–350)	324±18.2 (300–340)	347.5±5.0 (340–350)	216–318	–	344–374			
SSL, µm	185.6 ±5.3 (180–190)	184±5.5 (180–190)	195± 5.8 (190–200)	188–200	–	168–180			
BL, cm	23.3±2.5 (20–27)	23.3±2.8 (19–26)	26.6±2.4 (22.5–29)	25–30	18–19	17.7–27.2			
BWe, µm	542.2±44.9 (450–600)	524±33.6 (470–560)	601.4±59.6 (480–660)	482–913	–	–			
BWa, µm	246.7±28.0 (220–300)	230±14.1 (220–250)	251.4±18.6 (240–290)	–	–	–			
EL, µm	1560±210.6 (1300–1900)	1416±107.0 (1240–1520)	1634±264.5 (1280–2120)	1084–1600	1606–1625	1050–1570			
MEW, µm	108.6±20.4 (90–150)	122±8.4 (110–130)	118.6±10.7 (110–140)	116–140	–	90–170			
NR-AE, µm	376.7±20.7 (350–400)	380±15.8 (360–400)	394.3±41.6 (360–480)	–	–	330–520			
V-AE, µm	2633±320.4 (2400–3200)	3228±791.2 (2600–4500)	2920±560.7 (2280–3600)	1651–2272	2381	2230–3260			
A-PE, µm	230±28.3 (200–260)	197.5±5.0 (190–200)	211.4±36.3 (170–260)	–	–	150–270			
L									
Length, µm	314±14.2 (289–336)	292.3±14.5 (264–320)	291.6±10.4 (258–308)	220–290	255–265	–			
Width, µm	7.5±0.8 (6–8.9)	6.8±0.7 (5.7–8.2)	6.2±0.5 (4.8–7)	5–7	4.5	–			

BL – body length; BWe – body width at the end of the oesophagus; BWk – body width at the cloaca; EL – oesophagus length; MEW – maximum oesophagus width; NR-AE – distance from the nervous ring to the anterior end of the body; K-PE – distance from the cloaca to the posterior end of the body; LSL – large spicule length; SSL – small spicule length; BWa – body width at the anus; V-AE – distance from the vulva to the anterior end of the body; A-PE – distance from the anus to the posterior end of the body; L – larvae

large number of warm ponds, canals, puddles etc. provide excellent conditions for reproduction of mosquitoes. The lack of routine measures for disinsection additionally supports the increase in their number. We also suggest that the climate changes, together with the enhanced movement of dogs and people across Europe, have a direct relation to the increased geographical spread of dirofilariasis in the last years.

The analysis of morphometric data of *D. immitis* obtained from three different host species (Table 2) demonstrated that adult dirofilariae from dogs were the largest followed by those from the jackal and the fox. With regard to the length of the larvae, another fact was established – the microfilariae obtained from the jackal were the largest followed by those from the fox and the dog. No relationship could be identified as the other parameters in the different hosts were concerned. Comparing our results with those of other authors (Sonin, 1975; Furtado *et al.*, 2010) it was found that the morphometric data for the different structures either matched the reported numerical values or were comparable to them.

In conclusion, the present study updated the epidemiological data on *D. immitis* infection in Bulgaria and in a larger context – in the Balkans. Besides, it provides the first morphometric description of the species in specimens from our country and the first one ever in materials from golden jackals and red foxes.

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